# Living on Empty

WHAT’S THE POINT?

Colossians 4:2-6, Pg. 904

*When we find that we are living on empty, how do we get filled up again?*

Most Common Approach: Take care of me.

Two Perspectives on Prayer:

1. Praying in light of my problems: self-focused, often mixed with lies
2. Praying in light of God’s promises: others-focused, based on truth

**Praying in light of God’s promises will lead to living in light of God’s purposes.**

Take It Home:

🡪Discover your personal promises

1. Where have you uniquely encountered God?
2. What was He saying to you about you?
3. What Scripture could you link to this experience?
4. How does this combat a lie of your past?

🡪Start each day praying from these truths